

# May 2023

## Meals On Wheels

All meals are made in Independence served every weekday.  
 Extra meals can be ordered.  
 Call 816-254-9566 between 8 – noon.

Sun	Mon	Tue	Wed	Thur	Fri	Sat
<b>Dessert Served With Every Meal</b>	1 - Breakfast Casserole - Spiced Peaches	2 - BBQ Chicken - Scalloped Potatoes - Carrots	3 - Goulash - Antigua Veg.	4 - Spaghetti & Meatballs - Italian Veg.	5 - Parmesan Crusted Chicken - Buttered Noodles - Peas	6
7	8 - Sloppy Joe Bake - Tuscan Veg.	9 - Sliced Ham - Mac & Cheese - Corn	10 - Chicken Al-Fredo - California Veg.	11 - Meatloaf - Mashed Potatoes & Gravy - Green Beans	12 - Tuna Casserole - Spiced Pears	13
14	15 - Biscuits & Gravy - Sausage Patties - Spiced Apples	16 - Chicken & Noodles - Green Beans	17 - Beef Enchiladas - Spiced Peaches	18 - Pork w/ Mushroom Gravy - Mashed Potatoes - Carrots	19 - Picante Chicken Over Rice - Antigua Veg.	20
21	22 - Shepards Pie - Cauliflower + Cheese	23 - Ham & Cheesy Rice - California Veg.	24 - Oven Fried Chicken - Mashed Potatoes & Gravy - Green Beans	25 - BBQ Pork - Baked Beans - Broccoli	26 - Salmon Patties - Mac & Cheese - Peas	27
28	29 <b>CLOSED</b> 	30 - Italian Chicken - Au Gratin Potatoes - Peas	31 - Hot Beef Sandwich - Mashed Potatoes & Gravy - Green Beans			<b>Menu Subject To Change</b>