



# MEALS ON WHEELS

Fairmount Community Center  
 All meals are made in Independence  
 served every weekday.  
 Extra meals can be ordered.  
 Call 816-254-9566 between 8 – noon.

SUN	MON	TUE	WED	THUR	FRI	SAT
Menu subject to change			1 Meatloaf Mashed Potatoes & Gravy Broccoli Dessert	2 BBQ Pork Scalloped Potatoes Green Beans Dessert	3 Chicken Alfredo Peas & Carrots Dessert	4
5	6 Sliced Ham with Pineapple Mac & Cheese Green Beans Dessert	7 Sloppy Joe Bake Mashed Potatoes Cauliflower Dessert	8 Chicken Patty Sweet Potatoes Corn Dessert	9 Meatloaf Mashed Potatoes & Gravy Green Beans Dessert	10 Spaghetti & Meatballs Carrots Dessert	11
12	13 Smothered Beef Patties Mashed Potatoes & Gravy Peas Dessert	14 Italian Chicken Au Gratin Potatoes Beets Dessert	15 Biscuits & Gravy Sausage Patties Spiced Apples Dessert	16 Hot Beef Sandwich Mashed Potatoes & Gravy Green Beans Dessert	17 Oven Fried Chicken Scalloped Potatoes California Veg Dessert	18
19 	20 Breakfast Casserole Spiced Peaches Dessert	21 Beef Enchilada Mexican Corn Dessert	22 Chicken ala King Wild Rice Mediterranean Veg Dessert	23 Pork w/Sour Cream Sauce Noodles Tuscan Vegetables Dessert	24 Chili Dogs Antigua Vegetables Dessert	25
26	27 Riblets Baked Beans 5 Way Mixed Veg Dessert	28 Fish Sticks Buttered Noodles Green Beans Dessert	29 Chicken & Noodles Spinach Dessert	30 Salisbury Steak Mashed Potatoes & Gravy Broccoli Dessert		