




MAY 2022

MEALS ON WHEELS

All meals are made in Independence served every weekday.
Extra meals can be ordered.
Call 816-254-9566 between 8 – noon.

SUN	MON	TUE	WED	THUR	FRI	SAT
1 Menu subject to change	2 Spaghetti & Meatballs Italian Vegetables Dessert	3 Chicken on a Biscuit Spiced Peaches Dessert	4 Smothered Beef Patties Mashed Potatoes & Gravy Green Beans Dessert	5 Mac & Cheesy Ham Casserole California Vegetables Dessert	6 Sloppy Joe Bake Tuscan vegetables Dessert	7
8 	9 Oven Fried Chicken Sweet Potatoes California Vegetables Dessert	10 Roast Pork Loin Mashed Potatoes & Gravy Carrots Dessert	11 Chili Dogs Mixed Vegetables Dessert	12 Meatloaf Mashed Potatoes & Gravy Green Beans Dessert	13 Chicken Alfredo Peas & Carrots Dessert	14
15	16 Breakfast Casserole Spiced Apples Dessert	17 Chicken ala King Wild Rice Spinach Dessert	18 Hot Beef Sandwich Mashed Potatoes & Gravy Broccoli Dessert	19 Beef Enchilada Mexican Corn Dessert	20 Pork w/Sour Cream Sauce Noodles Carrots Dessert	21 
22	23 Italian Chicken Scalloped Potatoes Beets Dessert	24 Meatballs Alfredo With Rotini Italian Vegetables Dessert	25 Biscuits & Gravy Sausage Patties Spiced Pears Dessert	26 Salmon Patties Buttered Noodles Broccoli Dessert	27 FCC Closed - Memorial Day Holiday	28
29	30 FCC Closed 	31 Picante Chicken with Rice Tuscan Vegetables Dessert	