

MARCH

2021

Independence Meals on Wheels
 All meals are made in Independence,
 served every weekday.
 Extra meals can be ordered.
 Call 816-254-9566 between 8-noon.

SUN MON TUE WED THUR FRI SAT

	<p>1 Chicken Strips Scalloped Potatoes Peas Dessert</p>	<p>2 Pork Bake Stuffing Provence Vegetables Dessert</p>	<p>3 Meatloaf Mashed Potatoes & Gravy Green Beans Dessert</p>	<p>4 BBQ Chicken Tater Tots Broccoli Dessert</p>	<p>5 Baked Fish AuGratin Potatoes Spinach Dessert</p>	<p>6 Menus subject to change</p>
<p>7</p>	<p>8 Chili Dogs Cauliflower & Cheese Dessert</p>	<p>9 Beef Enchilada Mexican Corn Dessert</p>	<p>10 Hot Turkey Sandwich Mashed Potatoes & Gravy Provence Vegetables Dessert</p>	<p>11 Breakfast Casserole Spiced Apples Dessert</p>	<p>12 Spaghetti & Meatballs Italian Vegetables Dessert</p>	<p>13</p>
<p>14</p>	<p>15 Parmesan Chicken Sweet Potatoes Sonoma Blend Vegetables Dessert</p>	<p>16 Salisbury Steak Mashed Potatoes & Gravy Carrots Dessert</p>	<p>17 Corned Beef Casserole Cabbage Potatoes Dessert</p>	<p>18 Chicken & Noodles California Vegetables Dessert</p>	<p>19 Garlic Butter Swai Wild Rice Stewed Tomatoes Dessert</p>	
<p>21</p>	<p>22 Ham & Cheese Casserole Mixed Vegetables Dessert</p>	<p>23 Hot Beef Sandwich Mashed Potatoes & Gravy Green Beans Dessert</p>	<p>24 Chicken Alfredo Normandy Vegetables Dessert</p>	<p>25 Riblets BBQ Beans Carrots Dessert</p>	<p>26 Chicken Patty Mashed Potatoes Broccoli Dessert</p>	<p>27</p>
<p>28</p>	<p>29 Chicken & Rice Casserole Brussels Sprouts Dessert</p>	<p>30 BBQ Pork BBQ Beans Antigua Vegetables Dessert</p>	<p>31 Shepherd's Pie Broccoli & Cheese Dessert</p>			

