



2020

Independence Meals on Wheels
 All meals are made in Independence,
 served every week day.
 Extra meals can be ordered.
 Call 816-254-9566 between 8-noon.

SUN

MON

TUE

WED

THUR

FRI

SAT

1	2 Popcorn Chicken Potatoes O'Brien Carrots Dessert	3 Election Day Breakfast Casserole Pears Jubilee Dessert	4 Snow on the Mountain 5 Blend Vegetable Medley Dessert	5 King Ranch Chicken Potatoes Au Gratin California Vegetables Dessert	6 Butter Brushed Swai Mac & Cheese Spinach Dessert	7 Menus subject to change
8 	9 Sweet Browned Ham Wild Rice Beets Dessert	10 Beef Enchilada Casserole Texas Corn Dessert	11 Meals on Wheels Closed	12 Riblets Scalloped Potatoes Carrots Dessert	13 Beanie Weenies Normandy Vegetable Medley Dessert	14
15	16 Oven Fried Chicken Ranch Potatoes Sonoma Blend Vegetable Medley Dessert	17 Spaghetti & Meat Sauce Italian Vegetables Dessert	18 Hot Beef Sandwich Mashed Potatoes & Gravy Green Beans Dessert	19 Parmesan Crusted Chicken Au Gratin Potatoes Provence Vegetable Medley Dessert	20 Chili Mac Cauliflower with Cheese Dessert	21
22	23 Meatloaf Mashed Potatoes & Gravy Green Beans Dessert	24 Chicken Alfredo Antigua Vegetables Dessert	25 Hot Turkey Slices Stuffing with Gravy Sweet Potatoes Dessert	26 	27	28
29	30 Salisbury Steak Mashed Potatoes & Gravy Broccoli with Cheese Dessert					